



## February 2018 Prepayment Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Grilled beef Mac and cheese Steamed broccoli	Baked chicken Spaghetti with butter Grilled veggies
5	6	7	8	9
	Chicken with tomato sauce Rice with corn Grilled zucchini	Pirata ( beef and cheese taco) Mashed beans Grilled broccoli	Fried rice (meat, chicken and veggies)	Beef fajitas with corn veggies Rice Mixed
12	13	14	15	16
Chicken strips with cheese sauce Spaghetti with butter Steamed vegetables	Beef cauliflower rice with corn Grilled White	Grilled chicken with green sauce Buttered corn Steamed vegetables	Parmesan chicken Spaghetti with herbs Zucchini with corn	Spaghetti Bolognese Traditional salad
19	20	21	22	23
Chicken tostadas Mashed beans Lettuce	Meatballs with herbs broccoli Spaghetti Grilled	Grilled beef Mac and cheese Steamed broccoli	Chicken Hamburger Veggies sticks	Chicken flutes Mashed beans Traditional salad
26	27	28		
Baked chicken Macaroni with mayonnaise and jam broccoli Grilled	Beef au gratin Buttered veggies with rice Corn	Chicken with tomato sauce Mac & Cheese Grilled broccoli & carrot		

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